

## Did You Know?

*How often you should get an eye exam? How about your kids?*

If you are in your 30's, otherwise healthy, have no ocular symptoms, do not require glasses or contact lenses, have not had a serious eye injury or eye surgery, and do not have a family history of serious eye disease, you should have a comprehensive eye exam at age 40. If you have any of the issues just mentioned, you may have a higher risk of eye disease and should be evaluated more regularly depending on the specifics of that problem. Consult your Eye M.D. to determine the most appropriate interval for eye exams.

All children should have their visual acuity tested by age five. Your children should be receiving vision screening exams at the time of their well-child visits with their pediatrician or family doctor. They may also be getting vision screenings at school. Routine comprehensive professional eye examination of children with no signs of eye problems has no proven medical benefit. If there are known risk factors for eye disease in your family, or if there is any indication that your children might not have normal vision, schedule a comprehensive eye exam with your local Eye M.D.

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